

### A HOME · A BRIDGE · A JOURNEY

Care and compassion at end of life.

SPRING 2021 THEBRIDGEHOSPICE.COM

# Weathering the storm together

How do you weather a storm in a teeny-tiny boat? With an extra special crew onboard, and an entire community of people shouting words of encouragement and tossing valuable supplies from the shore.



Kerri-Anne Kidd, Executive Director

Inasmuch as this past year feels as though it has dragged on forever, it

has also flown by. I'd like to share a little insight into what it's been like here at 137 Old Hastings Road.

Most importantly, our care for people at end of life has never stopped. For those who spent their final days, weeks or months with us, we did our very best to shut out the pandemic noise and bring all the care, comfort, dignity, and friendship we could.

Like everyone, we've had to adjust and readjust COVID protocols. Our priority was to protect everyone's health – hospice residents and families as well as our staff and their families. This meant limiting the number of visitors permitted indoors (the hardest task of all), daily symptom screening for everyone, closing off communal spaces in the home, donning and doffing PPE, continual disinfection, and even closing down one resident bed for part of the year when province-wide pandemic PPE was in short supply.



Birthdays are to be celebrated, especially when it's the last hurrah – so important for our residents and for their families who have a happy memory to hold onto.

And – imagine it – no hugging in hospice! Compassion was still in abundance, but nothing can replace heartfelt hugs that can say it all without words.

Oh, and did I mention we hired an entire team of nurses and PSWs during the pandemic after our incredible 5-year pilot project and partnership with SE Health (formerly Saint Elizabeth) ended in



Early into the pandemic, clinical PPE (masks, shields, gowns and gloves) was in short supply for our nurses and PSWs. We were so grateful when community sewers donated handmade gowns and masks, which could be used by visiting family members.

August 2020? We are most grateful for their support, for lessons learned, and for the amazing care provided by those who served at the hospice in the past five years.

I am proud to report The Bridge Hospice now offers bedside nursing 24/7, complemented by outstanding PSWs who provide the highest quality of personalized care. And when our volunteers return, wow – what a phenomenal team!



Volunteers Dennis and Tom cheered us up and on from the sidelines, while providing TLC to our memory garden.

Although we have much to be thankful for, one thing is for sure, we are all grieving during this pandemic, and there is no right way to do it. Even the smallest act of kindness can speak volumes and make a huge difference in the lives touched.



Bouquets to **Dr. Kelly Parks**, who took on the added responsibility of caring for all of our residents during the pandemic and acted as Medical Director on vital pandemic calls with provincial agencies.

I'm in the privileged position of witnessing the many acts of kindness and support that The Bridge Hospice receives, even in these difficult times. As such, I'd like to say a special thank you to our families, our donors, this amazing community, and our volunteers (can't wait to have you back!)

I know the storm is not over yet, but the sun is doing its very best to shine, as are all of us. We still need to stand together, support one another

and be kind – not only to each other, but to ourselves.

With your support we can continue to offer people dignity, respect, compassion and care at end of life, in our tranquil intimate home away from home, all at no charge. Your donations are appreciated and needed more than ever.



Virtual visiting -- bringing old friends together to share memories with the help of new technology.

If you ever need more information about The Bridge Hospice, or possibly require our services for a loved one, please call me. We are here for you.

Take care and stay safe.



# **Board of Directors**

## **Executive**

Dave Burnham, Chair Kim Stephens-Woods, Vice-Chair Jordy Sharpe, Treasurer Lorna Watson, Secretary

## **Directors**

Carrie Cleverdon Michael Kaufmann Dave MacDougall Kelly Parks Lou Rinaldi Fred Thomson



Awnings amid a pandemic? Why yes! As we have to restrict the number of visitors allowed indoors, "non-essential" guests can visit from the safe distance of our resident wing deck. Besides protection, the awnings will maximize comfort for our residents who want to feel the breeze on their skin and enjoy the sights and sounds of the garden. (Via a grant administered by Campbellford/Seymour Community Foundation.)

# Virtual Annual General Meeting

Tuesday, June 22, 2021 6:30 pm

To attend:

contact Alison
705-924-9222
info@thebridgehospice.com
to receive your
Zoom login

# **How to Reach Us**

The Bridge Hospice

137 Old Hastings Rd., Box 354 Warkworth, ON K0K 3K0 705-924-9222 info@thebridgehospice.com

www.thebridgehospice.com www.facebook.com/thebridgehospice

# **Tribute & In Memoriam Donations**

Making a donation is a wonderful way to honour someone special, and create a lasting legacy in their name.

Between January 1<sup>st</sup> and December 31<sup>st</sup>, 2020, The Bridge Hospice gratefully received donations to celebrate or memorialize the following individuals:

Jan Aikman Doug Ainsworth Walter Aksamit Donald Allen Rosalind Arnott Linda Atchison Doug Bannister John Bardsley Phil Barron Agnes Begbie Donna Black James Boundy Viola Brooks Ken Brown Dean Buckley Aiden Burbank Rosalee Burn Olga Carson Skip Cassan Gerry Chamberlain Isabelle Clement Nancy Coulter Theresia Craig **Gregory Crook** Paul Dalby

Hans Dieckmann Jack Dingle Thomas Dodd Thomas Donald Dan Dooher Rosemarie Dormon Dave Down Maureen (Mo) Drinkwater Charlie Duncalfe Ethel May Edgar Christa Ernst Charles (Bud) Exton Sara Fairbridge Pauline Faull Annie Filipowich Lorry Fitzgibbon Edward Flanagan Kathleen (Madge) Flindall Carmen Fraser Christine Garvey Dennis Gebhardt Murray German Cheryl Gibson Elizabeth Gilroy

Jeffrey Glover William Godfrey Jason Goff Ted Gorman Gail Gosleigh Gail Grundle Sally Hallworth Boyce Hardy Tom Harris Richard Hatch Chesty Herrington Maria Heslinga John Hickey Sharrel Hickman Rudy Hizsa George Hobbs Peter Howard Kenneth Hulsman Mary & Gordon Hutchinson Joe Huycke Jean Irwin William Jamieson Barbara Jenkins Heather Johnston Henry Kaszuba

Marilyn Keene Kristopher Kelly Craig Kerr Mackenzie Kerr Steve Kulawic Jay LaValley Mac Laver Tom Lawrence Barry Loveys Alvin Lowe Gregory MacQueen Laurraine Matthews Juna McArthur Eileen McCallum Mary (Molly) McCarthy Allan McDonald Nancy McKinlay Keith Mocon Gail Moffat **Bob Mountjoy** Gord Mullins Bernie O'Brien Mandy O'Brien Eric O'Rourke Daisy Obarymskyj

Dr. Arne Ohlsson James Paquette Brenda Partridge Ken Partridge Shirley Patterson Amy Paul Leslie Peoples Patricia Petruk Robert Pettey Lillian Potten-Turner Solveig Rasmussen Garry Read Nan Reid David Rollings Sharon Rowe Ross Roy Arlene Russell Joan Sampson Pat Schadt Leonard Shacklock Joseph Shannon Ross Sheppard Sandra Sheppard Barbara Simm Mary Skakie Albert Smit

Debbie Smith Peggy Smith Jessie Taylor Ruth Thain Larry Toms Anna Urban Cheryl Vader Lynda Van Dusen Thea Verhoef Pat Voycey Reginald Walker Bill Ward Fred & Edith Ward Kenneth Ware Mary Warner June Westwood Bill Wheeler James White Helen Whitney Jack Wood Grace Wynn Valerie Youmans Al Zinck Henk Zwaan



Shirley Davidson

"Love The Bridge Hospice. Because of their loving support through a trying time. I love that they made me feel alive again, that they could see me. I wasn't invisible anymore. I felt cared for, that I could do this. But most of all I love them for their gift of friendship.

They will always be number one to me." – Bernie Wyatt

## **Our Mission**

We offer a tranquil, intimate home away from home, where people nearing end of life and their families receive exceptional care, guidance and support from professional care providers and compassionate volunteers.

## Our Values



#### Quality

We believe in providing excellence in our care and in our hospice home, and seek out opportunities to be innovative while enhancing services.



### **Professional Expertise**

We believe that our team has the wisdom, skills and passion to provide every resident with expert, compassionate end-of-life care.



#### Integrity

We believe in speaking the truth, in openness and in being genuine. Our relationships are founded in trust, and we keep the promises we make.



#### Acceptance

We believe in fostering an inclusive environment. We protect people's dignity, respect their wishes, and are responsive to individuals' unique needs.



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We believe that every individual deserves our time and undivided attention. Your needs will always come first. We welcome everyone with kindness and the comforts of home.

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# **Board Chair's Message**

I was first introduced to The Bridge Hospice in January 2018 when Mom was admitted as a resident for her last journey. Her stay was brief, but even so we experienced support I will never forget. Mom received wonderful care, her symptoms were managed, and she was at peace. My wife Carol



Dave Burnham, Chair, Board of Directors

and I were guided by knowledgeable, compassionate people who looked after us too.

It breaks your heart to lose someone close at any age, but this inevitable journey was made gentle and dignified.

That experience opened my eyes to the true value of The Bridge Hospice. It's why I became a passionate volunteer and donor. I have so much gratitude for the people who came together to build the hospice, and for those who continue to support this special place.

I want everyone to have the benefit of a good ending – all at no charge.

It's a challenge to convince people of the worth of the hospice when they haven't come through its doors. Believe me, The Bridge Hospice and places like it are what you want for loved ones – even yourself when the time comes. What would our community look like if The Bridge Hospice wasn't here?

Family caregivers would struggle at home for too long, especially as needs escalate and they're running on empty. So often, pain and other crises seem to happen in the middle of the night when there is no one close by to bring relief and support. Those who were sick would feel they were a burden – what a terrible feeling at the end. Individuals who live alone could die alone.

At busy and often faraway hospitals with many demands for scarce acute-care beds, people may not have the benefit of a small familiar care team, and the peace and privacy they need to say their goodbyes.

As I write, we are into year 2 of the pandemic, which continues to put a tremendous strain on traditional supports of The Bridge Hospice. I want to thank the individuals, members of organizations and business owners – including many of you reading this right now – for rallying to help us this past year. You have offset a portion of COVID-related shortfalls, and boosted our morale.

Throughout the pandemic, I can assure you the Board of Directors and hospice staff have been burning the midnight oil – or should I say zooming – to keep the hospice on a stable footing. We are drawing on our collective experience and doing everything we can, and we need your help.

Please, if you're in a position to give, send us a donation – be generous if you can. Please help us be here for friends, neighbours and families when it matters most. If you've given recently, thank you. And if you are struggling, hang on. There is light at the end of this long tunnel.

Thank you, and stay safe.

Sincerely,

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